

Key Chain Compliance Card Instructions - User Information

Thank you for choosing the Key Chain Compliance Card. The Compliance Card may help you take your medication every day at the for you most convenient time of the day. Please note, the card is a 24 Hour Alarm. It is not a clock. Please read this information carefully. If you have any questions, please consult your healthcare professionals.

Starting the Compliance Card

The use of the Compliance Card is simple. You must active the card before you can use it.

Pull out plastic strip – battery tab

- 1) Press the center Start/Stop button for approximately 3 seconds until you hear a long beep. The Compliance Card is activated.
- 2) Take your first pill

Every 24 Hours from the time that you consumed your first pill and pressed the Start/Stop button, you will receive a three dual tone beep every 20 seconds, until you stop the alert by pressing the Start/Stop button. The card responds with 5 short beeps as confirmation. If you do not switch off the sounds, the card will beep for approximately 3 hours and then stop the alert by itself. In practice this could mean that you did not take your medication. For this reason the card will generate a repeat alarm 8 hours later, which lasts for 1 hour.

The Skip function

It can happen that you don't want to have a reminder signal on a particular day. In that case you can skip the reminder alarm on time by pressing the Start/Stop button for approximately 3 seconds. The card answers by giving 2 long beeps followed by 5 short beeps. This means that the beeping sounds is muted for 1 day. After that day the card will remind you as usual. To revert the decision, simply press the button again for 3 seconds. The Card answers with 5 short beeps, followed by 2 long beeps and the reminder beeps are switched on again.

The Check function

To check the card, press the Start/Stop button. If the card answers with 2 beeps, it will remind you when it is time to take your medication. If the card answers with 5 short high beeps, the card will not give warning beeps at the next time you have to take your medication.

Low battery signal

After using the card for approximately 12 month the battery has lost approx. 80% of its capacity. The battery low signal will sound (2 beeps every 20 minutes). Although the card will keep working properly for one month, it is better to replace the card.

Overview of sounds and meanings

Start, after pressing Start/Stop button 3 sec for the first time: 1 long beep, means the card is activated.

Press button shortly, result 2 beeps, means reminder is working properly.

Press button shortly, result 5 fast beeps, means no reminder signal will sound (one time)

Press button for approx. 3 seconds, result 2 beeps followed by 5 short beeps, means card will skip 1 reminder signal.

Press button for approx. 3 seconds, result 5 short beeps followed by 2 beeps, means card will remind you as usual.

Total reset

It is possible to reset the card and start it at new chosen time. Left to the Start/Stop button is a little hole. By placing a small piece of metal, ie. a paperclip in the hole the card will reset, giving a long high beep as confirmation.

Handling Instructions

The Key Chain Compliance Card is not a toy. Keep it out the reach of children. It can be used in temperatures from 10 degrees to 50 degrees Celsius. The iRemindHer is an in-house electronic device. Don't expose to heat, water, moisture or chemicals. Don't bend it, drop it or expose it to mechanical vibrations. If the above happens there is a possibility that the card will not function properly.

Disposal

The compliance card should be discarded as electronic waste in accordance with your local environmental regulations for waste electrical and electronic equipment.

Further information: Med Time Compliance Corp. <http://www.medtime-compliance.com>